Mountain Weather Forecast

Lake District National Park

Forecast valid from 00:00 on Saturday 22 Jan 2022 until 23:59 on Sunday 23 Jan 2022

Forecast Issued on Friday 21 Jan 2022 at 10:53

Confidence: High for mainly dry and settled conditions but lower confidence for cloud details. Low confidence for timing of rain arriving from the northwest on Wednesday.

Headline for Saturday 22 Jan 2022: Mainly dry and cloudy. Cold and breezy with low cloud on the tops.

Mountain weather hazards on Saturday 22 Jan 2022

Blizzards
No Likelihood

Heavy Snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
FOG	FOG	FOG	FOG	FOG	FOG	FOG	FOG
Fog	Fog	Fog	Fog	Fog	Fog	Fog	Fog
Precipitation probability							
<05%	<05%	<05%	<05%	<05%	<05%	<05%	<05%

Forecast for Saturday 22 Jan 2022

Weather: Mainly cloudy overnight, patchy frost in the east under any clear breaks. Cloudy across most fells but the odd bright spell is possible, mainly to the east of Helvellyn and Ambleside. Staying largely dry except for a few spots of rain but amounting to very little. Staying cloudy in the evening preventing a frost.

Chance of cloud free mountain/hill tops above 800m: 20% in west, 40% in east.

Visibility: Areas of low cloud and fog above 400 or 500m, most persistent across western and central fells giving navigational difficulties. Patchier cloud across eastern fells with higher slopes clearing at times. Mostly good visibility away from low cloud.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Saturday 22 Jan 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	19/24 W	21/26 W	20/25 W	18/23 W	18/23 W	17/23 W	14/17 W	12/15 SW	13/17 SW
600	14/21 W	16/23 W	16/22 W	15/21 W	15/20 W	14/19 W	12/17 W	10/14 SW	11/15 SW
300	7/17 W	8/20 W	8/20 W	7/17 W	8/17 W	7/16 W	5/12 W	4/11 SW	4/11 SW
Valley	7/17 W	6/17 W	8/18 W	7/16 W	8/17 W	7/15 W	6/12 W	4/10 SW	5/12 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	-1/-7	-0/-7	0/-6	1/-5	1/-5	2/-4	1/-4	1/-3	1/-4
600	2/-4	2/-4	2/-3	3/-2	3/-2	3/-1	3/-1	3/-1	3/-1
300	4/1	4/1	4/1	4/2	5/2	5/3	5/3	5/3	4/3
Valley	6/4	6/4	6/4	6/4	7/5	7/5	7/5	6/5	6/5
Freezing Level*	900m	900m	1000m	1100m	1100m	1200m	1200m	1100m	1100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View

Feeling cold on the tops, especially in the damp conditions up in the cloud. Valley temperatures close to freezing at first in the east under any clear breaks.

Forecast for Sunday 23 Jan 2022

Weather: Mostly cloudy again and largely dry. A little light rain is possible, falling as snow above 700m, but amounts very small. Some brighter intervals, mainly in the east. Feeling cold at height.

Maximum wind: West or Southwest 15 to 20mph, gusting 30mph on high ridges and summits.

Chance of cloud free mountain/hill tops above 800m: 20% in west, 40% in east.

Visibility: Areas of low cloud and fog above 500m, most persistent across western and central fells giving navigational difficulties. Patchier cloud across eastern fells with higher slopes clearing at times. Mostly good visibility away from low cloud.

Temperature: **Valleys:** Plus 3 Celsius rising to 7 Celsius.
At 800m: Plus 1 Celsius, falling to Minus 1 Celsius.
Freezing level: Above summits overnight, falling to 800m in morning.

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Mountain Weather Forecast

Ground Conditions Supplement
No recent ground conditions report available.

Issued at: 1053 on Fri 21 Jan 2022

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